
RECORDS CQ Long course
LC Meters-Women

8-8	50 Free	34.53	1-Oct-86	PBC	M.Bullpitt
	100 Free	1:16.80	1-Oct-77	CB	K.Ireland
	200 Free	2:53.97	1-Oct-99	GLEN	Megan Clements
	400 Free	6:17.79	3-Feb-23	MACC	Isabelle Daniel
	800 Free	14:15.57	7-Nov-14	ROCKC	Molly Cottam
	50 Back	42.85	10-Oct-06	.	.
	100 Back	1:31.85	15-Oct-16	CARIB	Marlee Chopping
	200 Back	3:28.27	6-Feb-16	CARIB	Marlee Chopping
	50 Breast	47.89	1-Mar-86	PBC	M.Bullpitt
	100 Breast	1:49.80	15-Oct-16	CARIB	Marlee Chopping
	200 Breast	3:53.74	1-Oct-93	GSTH	C.England
	50 Fly	36.34	1-Oct-86	PBC	M.Bullpitt
	100 Fly	1:37.16	4-Feb-23	MACC	Isabelle Daniel
	200 IM	3:06.04	1-Oct-86	PBC	M.Bullpitt
9-9	50 Free	32.61	1-Oct-87	MID	K.Barker
	100 Free	1:13.16	1-Oct-82	CAP	Shelly Cave
	200 Free	2:38.00	1-Oct-78	CB	K.Ireland
	400 Free	5:27.80	4-Mar-16	ROCKC	Taryn Roberts
	800 Free	13:07.76	4-Nov-16	CARIB	Marlee Chopping
	50 Back	38.71	8-Mar-14	CARIB	Miranda Chopping
	100 Back	1:25.63	1-Oct-01	BATW	A.Levings
	200 Back	3:05.86	1-Oct-81	CAP	Shelly Cave
	50 Breast	44.36	1-Oct-01	CQAQ	N.Magner
	100 Breast	1:32.13	1-Oct-01	BATW	A.Levings
	200 Breast	3:28.30	1-Oct-80	CAP	P.Casey
	50 Fly	35.93	1-Oct-00	CAP	Megan Clements
	100 Fly	1:18.84	1-Oct-82	CAP	Shelly Cave
	200 Fly	2:51.04	1-Oct-82	CAP	Shelly Cave
	200 IM	2:52.95	1-Oct-82	CAP	Shelly Cave
	400 IM	6:28.24	1-Oct-80	CAP	P.Casey
10-10	50 Free	31.03	1-Oct-84	FV	Melissa Nolan
	100 Free	1:07.75	1-Oct-01	CQUR	Megan Clements
	200 Free	2:26.99	1-Oct-01	CQUR	Megan Clements
	400 Free	5:09.65	4-Mar-17	ROCKC	Taryn Roberts
	800 Free	10:49.56	14-Nov-15	ROCKC	Olivia Busby
	50 Back	35.50	18-Jan-20	YEPP0	Taylah Sweet
	100 Back	1:19.52	1-Oct-98	CQAQ	Megan Mummery
	200 Back	2:51.40	25-Jan-14	EMUP	Lucy Busby
	50 Breast	39.19	4-Mar-17	ROCKC	Taryn Roberts
	100 Breast	1:27.58	7-Mar-15	CARIB	Miranda Chopping
	200 Breast	3:15.86	1-Oct-81	CAP	P.Casey
	50 Fly	33.10	18-Jan-20	YEPP0	Taylah Sweet
	100 Fly	1:13.75	1-Oct-01	CQUR	Megan Clements
	200 Fly	2:38.35	1-Oct-83	CAP	Shelly Cave
	200 IM	2:47.92	7-Mar-15	CARIB	Miranda Chopping
	400 IM	5:52.14	4-Mar-17	ROCKC	Taryn Roberts
11-11	50 Free	29.70	1-Oct-02	CQUR	Megan Clements
	100 Free	1:02.79	17-Nov-07	REDL	V.Puhlmann
	200 Free	2:20.90	1-Oct-02	CQUR	Megan Clements
	400 Free	4:48.72	1-Jan-00	CAP	Shelly Cave
	800 Free	9:55.48	18-Oct-13	PCDS	Jorgia Powell

RECORDS CQ Long course

11-11	1500 Free	21:43.83	19-Jan-24	GYMP	Skye Duggan at Harbour City - Gladstone
	50 Back	33.57	13-Jan-24	CARIB	Saidee Whitcombe at CQ Sprint Champs - Biloela
	100 Back	1:12.83	1-Oct-02	CQUR	Megan Clements
	200 Back	2:34.93	1-Oct-91	EMER	R.Rolfe
	50 Breast	38.15	22-Jan-22	BOYNE	Madison McKenna
	100 Breast	1:21.32	7-Mar-20	ROCKC	Amelie Smith
	200 Breast	2:55.09	21-Jan-24	BUNST	Amelie Ing at Harbour City - Gladstone
	50 Fly	30.97	1-Oct-02	CQUR	Megan Clements
	100 Fly	1:07.94	1-Oct-02	CQUR	Megan Clements
	200 Fly	2:33.20	1-Oct-02	CAP	Shelly Cave
	200 IM	2:34.30	1-Oct-02	CQUR	Megan Clements
	400 IM	5:38.19	10-Mar-18	ROCKC	Taryn Roberts
12-12	50 Free	28.06	1-Oct-03	CQUR	Megan Clements
	100 Free	1:01.16	1-Oct-03	CQUR	Megan Clements
	200 Free	2:13.63	1-Oct-03	CQUR	Megan Clements
	400 Free	4:35.94	3-Mar-19	ROCKC	Taryn Roberts
	800 Free	9:09.10	3-Mar-19	ROCKC	Taryn Roberts
	1500 Free	19:02.25	24-Jan-20	ROCKC	Taylor Brock
	50 Back	32.87	1-Oct-86	FV	Melissa Nolan
	100 Back	1:10.56	14-Oct-23	BOYNE	Daisy Dingle at 2023 Liquid Energy Gladstone
	200 Back	2:31.25	1-Oct-03	CQUR	Megan Clements
	50 Breast	35.97	16-Jan-21	ROCKC	Amelie Smith
	100 Breast	1:17.95	23-Jan-21	ROCKC	Amelie Smith
	200 Breast	2:45.32	5-Mar-21	ROCKC	Amelie Smith
	50 Fly	30.01	1-Oct-03	CQUR	Megan Clements
	100 Fly	1:05.34	1-Oct-03	CQUR	Megan Clements
	200 Fly	2:26.18	1-Oct-84	GLAD	Megan Johnston
	200 IM	2:29.69	1-Oct-98	CQAQ	Hayley McNamara
	400 IM	5:11.30	3-Mar-19	ROCKC	Taryn Roberts
13-13	50 Free	27.55	1-Oct-95	BRO	E.Rutherford
	100 Free	1:00.96	1-Mar-04	CQUR	Megan Clements
	200 Free	2:08.93	7-Mar-20	ROCKC	Taryn Roberts
	400 Free	4:30.33	13-Nov-11	ROCKC	Alana Bowles
	800 Free	9:12.19	4-Mar-22	ROCKC	Amelie Smith
	1500 Free	17:34.72	18-Oct-19	ROCKC	Taryn Roberts
	50 Back	31.80	7-Mar-20	BOYNE	Sally Vagg
	100 Back	1:08.84	7-Mar-20	BOYNE	Sally Vagg
	200 Back	2:28.78	1-Oct-94	CQAQ	B.Backhouse
	50 Breast	35.99	11-Sep-21	ROCKC	Amelie Smith
	100 Breast	1:17.04	30-Oct-21	ROCKC	Amelie Smith
	200 Breast	2:41.78	1-Oct-90	GLAD	Jill Meldrum
	50 Fly	29.94	1-Mar-86	GLAD	Megan Johnston
	100 Fly	1:05.80	1-Oct-85	GLAD	Megan Johnston
	200 Fly	2:25.44	7-Mar-20	ROCKC	Taryn Roberts
	200 IM	2:26.86	4-Mar-22	ROCKC	Amelie Smith
	400 IM	5:04.94	13-Nov-11	ROCKC	Alana Bowles
14-14	50 Free	27.85	1-Oct-04	CQUR	Megan Clements
	100 Free	59.63	3-Apr-12	ROCKC	Alana Bowles
	200 Free	2:08.73	3-Apr-12	ROCKC	Alana Bowles
	400 Free	4:23.79	3-Apr-12	ROCKC	Alana Bowles
	800 Free	8:44.67	12-Nov-11	KAWA	Remi Fairweather
	1500 Free	17:17.17	5-Mar-21	ROCKC	Taryn Roberts
	50 Back	31.46	5-Mar-21	ROCKC	Sally Vagg

RECORDS CQ Long course

14-14	100 Back	1:07.62	1-Oct-04	CQUR	Megan Clements
	200 Back	2:25.44	1-Mar-94	GLAD	Fiona Meldrum
	50 Breast	34.92	16-Jan-21	ROCKC	Taryn Roberts
	100 Breast	1:15.86	10-Sep-22	ROCKC	Amelie Smith
	200 Breast	2:34.48	5-Mar-21	ROCKC	Taryn Roberts
	50 Fly	29.43	4-Mar-17	CARIB	Emilee Burness
	100 Fly	1:03.13	1-Oct-04	CQUR	Megan Clements
	200 Fly	2:20.49	3-Apr-12	ROCKC	Alana Bowles
	200 IM	2:24.09	28-Oct-22	ROCKC	Amelie Smith
400 IM	4:58.12	28-Oct-22	ROCKC	Amelie Smith	
15-15	50 Free	27.14	3-Apr-12	CRES	Kate Hudson
	100 Free	57.80	4-Mar-22	ROCKC	Sally Vagg
	200 Free	2:03.17	10-Nov-13	ROCKC	Alana Bowles
	400 Free	4:18.36	10-Nov-13	ROCKC	Alana Bowles
	800 Free	8:33.23	10-Nov-13	ROCKC	Alana Bowles
	1500 Free	16:41.22	1-Oct-88	CQAQ	Shelly Cave
	50 Back	31.60	1-Oct-94	GLAD	Kristy Bradley
	100 Back	1:07.22	1-Mar-95	GLAD	Fiona Meldrum
	200 Back	2:23.27	1-Oct-94	GLAD	Fiona Meldrum
	50 Breast	34.79	12-Nov-23	ROCKC	Amelie Smith at Rocky Twilight Meet
	100 Breast	1:13.90	3-Mar-24	ROCKC	Amelie Smith at CQ Championships - Rockhampton
	200 Breast	2:36.22	3-Mar-24	ROCKC	Amelie Smith at CQ Championships - Rockhampton
	50 Fly	29.08	3-Apr-12	CRES	Kate Hudson
	100 Fly	1:03.20	10-Nov-13	ROCKC	Alana Bowles
	200 Fly	2:16.80	1-Oct-88	GLAD	Megan Johnston
	200 IM	2:21.32	10-Nov-13	ROCKC	Alana Bowles
	400 IM	4:49.63	10-Nov-13	ROCKC	Alana Bowles
16-16	50 Free	27.59	9-Mar-13	ROCKC	Kate Hudson
	100 Free	58.36	15-Nov-14	ROCKC	Alana Bowles
	200 Free	2:05.41	8-Mar-14	ROCKC	Alana Bowles
	400 Free	4:20.12	8-Mar-14	ROCKC	Alana Bowles
	800 Free	8:48.21	15-Nov-14	ROCKC	Alana Bowles
	1500 Free	17:03.25	3-Mar-23	ROCKC	Taryn Roberts
	50 Back	32.37	3-Nov-20	ROCK	Emily Ferreira
	100 Back	1:06.72	1-Mar-96	GLAD	Fiona Meldrum
	200 Back	2:22.78	1-Oct-95	GLAD	Fiona Meldrum
	50 Breast	34.44	14-Feb-21	EMUP	Emma Doherty
	100 Breast	1:14.87	19-Oct-19	ROCKC	Lilly Ahmat
	200 Breast	2:37.84	3-Mar-23	ROCKC	Taryn Roberts
	50 Fly	28.98	4-Mar-23	GLAD	Shianne Plunkett at CQ Champs Rockhampton
	100 Fly	1:04.23	3-Mar-23	ROCKC	Sally Vagg
	200 Fly	2:16.94	4-Mar-23	ROCKC	Sally Vagg
	200 IM	2:26.14	15-Nov-14	ROCKC	Alana Bowles
	400 IM	5:00.70	12-Nov-22	ROCKC	Taryn Roberts
17-18	50 Free	26.75	11-Nov-23	MIAMI	Chelsea Jones at Rocky Twilight Meet
	100 Free	56.98	11-Nov-23	MIAMI	Chelsea Jones at Rocky Twilight Meet
	200 Free	2:02.52	11-Nov-23	MIAMI	Chelsea Jones at Rocky Twilight Meet
	400 Free	4:18.53	7-Mar-15	ROCKC	Alana Bowles
	800 Free	8:53.64	7-Mar-15	ROCKC	Alana Bowles
	1500 Free	17:10.62	1-Mar-24	ROCKC	Taryn Roberts at CQ Championships - Rockhampton
	50 Back	31.07	4-Mar-22	ROCKC	Emma Doherty
	100 Back	1:07.39	3-Mar-23	ROCKC	Emma Doherty
	200 Back	2:25.48	3-Mar-23	ROCKC	Emma Doherty

RECORDS CQ Long course

17-18	50 Breast	33.96	12-Nov-23	RACKL	Tiana Kritzinger at Rocky Twilight Meet
	100 Breast	1:14.14	7-Mar-20	ROCKC	Lilly Ahmat
	200 Breast	2:27.71	9-Nov-13	INDO	Taylor McKeown
	50 Fly	29.28	3-Apr-12	YEPP0	D.Rogers
	100 Fly	1:02.31	9-Sep-23	ROCKC	Sally Vagg
	200 Fly	2:15.53	14-Oct-23	ROCKC	Sally Vagg at 2023 Liquid Energy Gladstone
	200 IM	2:15.83	9-Nov-13	INDO	Taylor McKeown
	400 IM	4:48.56	10-Nov-13	INDO	Taylor McKeown
	50 Free	25.40	11-Nov-23	RACKL	Meg Harris at Rocky Twilight Meet
	100 Free	54.86	11-Nov-23	RACKL	Meg Harris at Rocky Twilight Meet
	200 Free	1:59.45	11-Nov-23	RACKL	Meg Harris at Rocky Twilight Meet
	400 Free	4:16.81	13-Nov-11	REDL	Melissa Gorman
	800 Free	8:33.23	10-Nov-13	ROCKC	Alanna Bowles
	1500 Free	16:41.22	1-Oct-88	CQAQ	Shelly Cave
	50 Back	30.13	12-Nov-23	RACKL	Bronte Job at Rocky Twilight Meet
	100 Back	1:04.86	11-Nov-23	RACKL	Abigail School at Rocky Twilight Meet
	200 Back	2:16.96	12-Nov-11	KAWA	Samantha Hamill
	50 Breast	32.95	12-Nov-23	MIAMI	Jenna Strauch at Rocky Twilight Meet
	100 Breast	1:08.67	11-Nov-23	MIAMI	Jenna Strauch at Rocky Twilight Meet
	200 Breast	2:27.71	9-Nov-13	INDO	Taylor McKeown
	50 Fly	27.17	12-Nov-23	RACKL	Lily Price at Rocky Twilight Meet
	100 Fly	59.72	12-Nov-23	RACKL	Lily Price at Rocky Twilight Meet
	200 Fly	2:11.53	12-Nov-11	KAWA	Samantha Hamill
	200 IM	2:15.83	9-Nov-13	INDO	Taylor McKeown
	400 IM	4:48.56	10-Nov-13	INDO	Taylor McKeown

RECORDS CQ Long course
LC Meters-Men

8-8	50 Free	33.30	1-Oct-73	WESTS	R.Kahler
	100 Free	1:19.36	1-Oct-81	CAP	G.Titman
	200 Free	2:53.97	1-Oct-91	CAP	R.Vale
	400 Free	6:15.30	3-Feb-23	CARIB	Judd Thomsen
	50 Back	41.22	1-Oct-97	BOYNE	M.Massey
	100 Back	1:33.00	1-Oct-88	GLEN	Ben Balderston
	200 Back	1:40:39.99	1-Jan-01	.	.
	50 Breast	46.20	1-Oct-73	WESTS	R.Kahler
	100 Breast	1:46.21	1-Mar-05	MH	Jimmy Nixon
	200 Breast	3:45.70	1-Oct-04	MH	Jimmy Nixon
	50 Fly	37.87	1-Oct-88	SP	M.Cullen
	100 Fly	1:40.09	1-Oct-04	MH	Jimmy Nixon
	200 Fly	3:41.10	1-Oct-84	WESTS	Bruce Wright
	200 IM	3:17.32	1-Oct-85		N.Smith
9-9	50 Free	32.37	11-Nov-17	CARIB	Koda Milburn
	100 Free	1:11.46	1-Oct-83	CCH	M.Redmond
	200 Free	2:43.00	1-Oct-80	CCH	M.Lee
	400 Free	5:25.99	1-Oct-81	CAP	R.Swann
	800 Free	12:48.34	3-Nov-23	CARIB	Judd Thomsen at Biloela Long Course
	50 Back	37.73	1-Oct-00	GLEN	Ben Balderston
	100 Back	1:24.29	25-Jan-20	CARIB	Levi Thomsen
	200 Back	2:54.96	1-Oct-81	CAP	R.Swann
	50 Breast	43.88	1-Oct-95	CQAQ	Matthew Lowrey
	100 Breast	1:34.80	1-Oct-90	EMER	S.Ganter
	200 Breast	3:24.86	1-Oct-81	CAP	T.Robinson
	50 Fly	34.85	1-Oct-93	BLA	A.Turner
	100 Fly	1:20.50	1-Oct-81	BILOE	Andrew Lobie
	200 Fly	3:06.40	1-Oct-95	WESTS	Bruce Wright
	200 IM	2:55.11	1-Oct-95	CQAQ	Matthew Lowrey
	400 IM	6:30.44	1-Oct-80	CAP	R.Swann
10-10	50 Free	30.76	1-Oct-96	CQAQ	Matthew Lowrey
	100 Free	1:07.61	1-Oct-82	BILOE	Andrew Lobie
	200 Free	2:26.38	1-Oct-82	CAP	Glen Housman
	400 Free	4:53.19	1-Oct-86	CQAQ	R.Thomasson
	50 Back	35.39	1-Oct-95	CQAQ	Matthew Lowrey
	100 Back	1:14.83	1-Oct-01	FAIR	N.Johnston
	200 Back	2:42.76	1-Oct-82	CAP	R.Swann
	50 Breast	40.74	1-Oct-96	CQAQ	Matthew Lowrey
	100 Breast	1:27.24	1-Oct-82	BILOE	Andrew Lobie
	200 Breast	3:12.73	1-Oct-14	GLAD	Coby Richardson
	50 Fly	33.70	1-Oct-82	BILOE	Andrew Lobie
	100 Fly	1:11.89	1-Oct-82	BILOE	Andrew Lobie
	200 Fly	2:40.81	1-Oct-82	BILOE	Andrew Lobie
	200 IM	2:42.75	1-Oct-82	BILOE	Andrew Lobie
	400 IM	5:55.27	1-Oct-81	CAP	R.Swann
11-11	50 Free	28.34	1-Oct-98	GLEN	John Walz
	100 Free	1:01.53	1-Mar-99	GLEN	John Walz
	200 Free	2:19.37	1-Mar-99	CAP	Glen Housman
	400 Free	4:39.53	1-Jan-00	CAP	Glen Housman
	800 Free	9:35.83	1-Jan-00	CAP	Glen Housman
	1500 Free	19:10.95	19-Oct-12	ROCKC	Ty Hartwell

RECORDS CQ Long course

11-11	50 Back	33.85	8-Mar-20	GSTH	Kayden Gibson	
	100 Back	1:11.97	20-Dec-12	ROCKC	Ty Hartwell	
	200 Back	2:32.46	14-Nov-06	CQAQ	R.Thomasson	
	50 Breast	38.74	7-Nov-14	ROCKC	Cameron Clark	
	100 Breast	1:22.84	1-Oct-75	BLA	Craig McLennan	
	200 Breast	2:59.87	9-Mar-14	ROCKC	Jordan Wall	
	50 Fly	31.91	7-Mar-20	GSTH	Kayden Gibson	
	100 Fly	1:08.51	3-Nov-20	GSTH	Kayden Gibson	
	200 Fly	2:37.97	1-Oct-83	BILOE	Andrew Lobie	
	200 IM	2:40.83	1-Jan-00	CQAQ	R.Thomasson	
400 IM	5:39.90	1-Jan-00	CAP	Glen Housman		
12-12	50 Free	27.43	3-Nov-20	ROCKC	Lachlan Kuss	
	100 Free	57.79	1-Oct-99	GLEN	John Walz	
	200 Free	2:11.64	26-Sep-15	ROCKC	Cameron Clark	
	400 Free	4:31.99	1-Oct-84	CAP	Glen Housman	
	800 Free	9:38.38	1-Oct-79	FV	T.Halliday	
	1500 Free	17:55.00	1-Oct-88	CQAQ	R.Thomasson	
	50 Back	32.94	14-Jan-17	CARIB	Austin Kelly	
	100 Back	1:07.86	1-Oct-02	CARIB	Russell Webber	
	200 Back	2:22.24	1-Oct-97	CQAQ	Ashley Anderson	
	50 Breast	35.19	26-Sep-15	ROCKC	Cameron Clark	
	100 Breast	1:15.84	26-Sep-15	ROCKC	Cameron Clark	
	200 Breast	2:49.87	17-Nov-08	ROCKC	Jared O'Hanlen	
	50 Fly	30.03	16-Jan-21	GSTH	Kayden Gibson	
	100 Fly	1:06.39	7-Mar-20	ROCKC	Lachlan Kuss	
	200 Fly	2:26.64	24-Jan-21	GSTH	Kayden Gibson	
	200 IM	2:28.51	1-Oct-97	CQAQ	Ashley Anderson	
	400 IM	5:17.50	18-Oct-13	ROCKC	Ty Hartwell	
	13-13	50 Free	25.71	1-Oct-00	BLA	Craig McLennan
100 Free		55.25	1-Oct-00	GLEN	John Walz	
200 Free		2:05.96	4-Mar-22	GSTH	Kayden Gibson	
400 Free		4:25.26	1-Oct-85	CQAQ	Glen Housman	
800 Free		9:06.67	4-Mar-22	GSTH	Kayden Gibson	
1500 Free		17:15.18	1-Oct-84	CQAQ	Glen Housman	
50 Back		31.43	4-Mar-22	GSTH	Kayden Gibson	
100 Back		1:03.89	1-Oct-97	CQAQ	Ashley Anderson	
200 Back		2:18.38	1-Oct-98	CQAQ	Ashley Anderson	
50 Breast		33.76	16-Jan-21	CARIB	Spencer Brown	
100 Breast		1:12.14	1-Oct-98	CQAQ	Ashley Anderson	
200 Breast		2:37.61	1-Oct-98	CQAQ	Ashley Anderson	
50 Fly		28.10	15-Jan-22	GSTH	Kayden Gibson	
100 Fly		1:00.08	4-Mar-22	GSTH	Kayden Gibson	
200 Fly		2:11.37	4-Mar-22	GSTH	Kayden Gibson	
200 IM		2:21.98	1-Oct-98	CQAQ	Ashley Anderson	
400 IM		4:48.58	1-Oct-98	CQAQ	Ashley Anderson	
14-14		50 Free	24.97	1-Oct-98	CQAQ	Ashley Anderson
		100 Free	55.22	1-Oct-98	CQAQ	Ashley Anderson
		200 Free	2:02.00	4-Mar-22	ROCKC	Lachlan Kuss
	400 Free	4:18.40	4-Mar-22	ROCKC	Lachlan Kuss	
	800 Free	8:57.91	4-Mar-22	ROCKC	Lachlan Kuss	
	1500 Free	16:39.42	1-Oct-85	CQAQ	Glen Housman	
	50 Back	29.44	3-Mar-19	GSTH	Caleb O'Mealley	
	100 Back	1:02.48	1-Oct-98	CQAQ	Ashley Anderson	

RECORDS CQ Long course

14-14	200 Back	2:09.62	1-Oct-99	CQAQ	Ashley Anderson
	50 Breast	31.84	14-Jan-17	ROCKC	Cameron Clark
	100 Breast	1:09.57	4-Mar-17	ROCKC	Cameron Clark
	200 Breast	2:33.06	4-Mar-17	ROCKC	Cameron Clark
	50 Fly	26.56	21-Jan-23	GSTH	Kayden Gibson
	100 Fly	58.26	21-Jan-23	GSTH	Kayden Gibson
	200 Fly	2:10.36	29-Oct-22	GSTH	Kayden Gibson
	200 IM	2:18.28	1-Oct-01	BOW	C.Elphinstone
	400 IM	4:49.80	1-Oct-99	CQAQ	Ashley Anderson
15-15	50 Free	24.69	1-Oct-95	NAMB	Nathan Rickard
	100 Free	54.44	3-Mar-23	ROCKC	Lachlan Kuss
	200 Free	1:57.92	1-Oct-01	GARD	A.Cooke
	400 Free	4:09.95	14-Oct-16	ROCKC	Ty Hartwell
	800 Free	8:38.76	1-Mar-24	ROCKC	Cooper Love at CQ Championships - Rockhampton
	1500 Free	16:38.39	4-Mar-16	ROCKC	Ty Hartwell
	50 Back	28.83	15-Jan-11	GLAD	Alex Williams
	100 Back	1:01.16	12-Nov-16	ROCKC	Ty Hartwell
	200 Back	2:11.75	21-Jan-23	GLAD	Kai Devine
	50 Breast	31.71	3-Mar-23	CARIB	Spencer Brown
	100 Breast	1:09.59	3-Mar-07	GLAD	Corey Brown
	200 Breast	2:33.00	1-Oct-05	CQUR	Matthew White
	50 Fly	26.58	13-Jan-24	GSTH	Kayden Gibson at CQ Sprint Champs - Biloela
	100 Fly	58.07	2-Mar-24	GSTH	Kayden Gibson at CQ Championships - Rockhampton
	200 Fly	2:10.49	28-Oct-23	GSTH	Kayden Gibson at 2023 Beef City R/Hmpton
	200 IM	2:08.42	1-Oct-00	CQAQ	Ashley Anderson
	400 IM	4:46.07	2-Mar-24	GSTH	Kayden Gibson at CQ Championships - Rockhampton
16-16	50 Free	24.33	3-Apr-12	GLAD	Alex Williams
	100 Free	53.75	3-Mar-24	ROCKC	Lachlan Kuss at CQ Championships - Rockhampton
	200 Free	1:57.03	14-Sep-17	ROCKC	Ty Hartwell
	400 Free	4:05.57	1-Oct-88	CQAQ	Glen Housman
	800 Free	8:27.28	1-Oct-88	CQAQ	Glen Housman
	1500 Free	15:47.33	1-Oct-88	CQAQ	Glen Housman
	50 Back	27.56	5-Nov-22	GLAD	Kane Martin
	100 Back	58.48	10-Sep-22	GLAD	Kane Martin
	200 Back	2:07.75	5-Nov-22	GLAD	Kane Martin
	50 Breast	31.11	13-Jan-24	CARIB	Spencer Brown at CQ Sprint Champs - Biloela
	100 Breast	1:07.57	2-Mar-24	CARIB	Spencer Brown at CQ Championships - Rockhampton
	200 Breast	2:24.76	1-Oct-01	BOW	K.O'Regan
	50 Fly	26.24	4-Mar-17	CARIB	Jacob Sparks
	100 Fly	58.43	14-Sep-17	ROCKC	Ty Hartwell
	200 Fly	2:07.23	14-Oct-17	ROCKC	Ty Hartwell
	200 IM	2:13.47	1-Oct-00	CQAQ	Ashley Anderson
	400 IM	4:38.50	14-Oct-17	ROCKC	Ty Hartwell
17-18	50 Free	24.39	10-Mar-18	CARIB	Jacob Spark
	100 Free	52.76	3-Mar-19	ROCKC	Ty Hartwell
	200 Free	1:55.85	15-Sep-18	ROCKC	Ty Hartwell
	400 Free	4:07.90	10-Mar-18	ROCKC	Ty Hartwell
	800 Free	8:16.44	12-Nov-23	RACKL	Noah Kamprad at Rocky Twilight Meet
	1500 Free	15:47.21	11-Nov-23	RACKL	Noah Kamprad at Rocky Twilight Meet
	50 Back	26.99	14-Oct-23	GLAD	Kane Martin at 2023 Liquid Energy Gladstone
	100 Back	57.68	15-Sep-18	ROCKC	Ty Hartwell
	200 Back	2:06.86	3-Mar-19	ROCKC	Ty Hartwell
	50 Breast	29.71	12-Nov-23	RACKL	Felix Wilson at Rocky Twilight Meet

RECORDS CQ Long course

17-18	100 Breast	1:04.23	11-Nov-23	RACKL	Felix Wilson at Rocky Twilight Meet
	200 Breast	2:33.60	3-Mar-19	ROCKC	Matthew Richardson
	50 Fly	26.04	3-Mar-19	CARIB	Jacob Spark
	100 Fly	57.22	3-Mar-19	ROCKC	Ty Hartwell
	200 Fly	2:05.08	3-Mar-19	ROCKC	Ty Hartwell
	200 IM	2:10.89	20-Oct-18	ROCKC	Ty Hartwell
	400 IM	4:39.48	10-Mar-18	ROCKC	Ty Hartwell
	50 Free	23.68	11-Nov-23	RACKL	Thomas Neil at Rocky Twilight Meet
	100 Free	50.41	11-Nov-23	MIAMI	Maximillian Giuliani at Rocky Twilight Meet
	200 Free	1:47.59	11-Nov-23	ROCKC	Maximillian Giuliani at Rocky Twilight Meet
	400 Free	3:54.82	12-Nov-23	MIAMI	James Koch at Rocky Twilight Meet
	800 Free	7:59.47	12-Nov-23	RACKL	Samuel Short at Rocky Twilight Meet
	1500 Free	15:25.63	12-Nov-11	KAWA	George O'Brien
	50 Back	26.99	14-Oct-23	GLAD	Kane Martin at 2023 Liquid Energy Gladstone
	100 Back	57.59	9-Nov-13	INDO	Jack Selman
	200 Back	2:05.68	11-Nov-23	RACKL	Ty Hartwell at Rocky Twilight Meet
	50 Breast	29.43	12-Nov-23	RACKL	Thomas Neil at Rocky Twilight Meet
	100 Breast	1:03.34	11-Nov-23	RACKL	Thomas Neil at Rocky Twilight Meet
	200 Breast	2:20.10	9-Nov-13	INDO	Julian Layton
	50 Fly	24.98	12-Nov-23	RACKL	Thomas Neil at Rocky Twilight Meet
	100 Fly	56.21	1-Oct-98	CQAQ	Burl Reid
	200 Fly	2:03.80	12-Nov-12	REDL	Matthew Briggs
	200 IM	2:08.42	1-Oct-00	CQAQ	Ashley Anderson
	400 IM	4:19.32	11-Nov-23	RACKL	Thomas Neil at Rocky Twilight Meet