

2026 CQ Champs Male Qualifying Times

MALE	8	9	10	11	12	13	14	15	16	17&O	MCS
50 Free	#	#	#	40.19	38.80	37.05	35.3	34.26	33.58	32.92	#
100 Free	1.43.51	1.39.25	1.34.99	#	#	#	#	#	#	#	#
200 Free			3.28.39	3.15.21	3.08.42	2.59.93	2.51.44	2.46.39	2.43.11	2.39.89	#
400 Free				6.53.92	6.39.52	6.21.53	6.03.53	5.52.82	5.45.85	5.39.89	
800 Free				14.15.73	13.45.96	13.08.76	12.31.55	12.09.41	11.55.01	11.40.88	
1500 Free					26.18.77	25.07.65	23.56.54	23.14.22	22.46.68	22.19.69	
50 Back	#	#	#	45.77	44.18	42.19	40.20	39.02	38.25	37.49	#
100 Back		1.49.88	1.45.16	#	#	#	#	#	#	#	#
200 Back				3.34.76	3.27.29	3.17.95	3.08.61	3.03.06	2.59.44	2.55.90	
50 Fly	#	#	#	43.05	41.56	39.68	37.81	36.70	35.97	35.26	#
100 Fly		1.47.11	1.42.51	#	#	#	#	#	#	#	#
200 Fly				3.32.64	3.25.24	3.16.00	3.06.75	3.01.25	2.57.67	2.54.16	
50 Breast	#	#	#	50.49	48.73	46.54	44.34	43.04	42.19	41.35	#
100 Breast		2.03.92	1.58.60	#	#	#	#	#	#	#	#
200 Breast				3.59.00	3.50.69	3.40.30	3.29.91	3.23.72	3.19.70	3.15.76	
200 IM	#	#	#	#	#	#	#	#	#	#	
400 IM				7.48.38	7.32.09	7.11.73	6.51.36	6.39.36	6.31.36	6.23.63	

All Times must be from recognized approved competitions - club times and custom times not accepted

- No Qualifying Time Required to Enter (Guaranteed Swim)

Shaded - not offered to this age group in the program

2026 CQ Champs Female Qualifying Times

FEMALE	8	9	10	11	12	13	14	15	16	17&O	MCS
50 Free	#	#	#	42.26	40.28	38.70	37.19	36.82	36.45	36.09	#
100 Free	1.43.51	1.39.25	1.34.99	#	#	#	#	#	#	#	#
200 Free			3.28.39	3.19.05	3.09.70	3.02.30	2.55.17	2.53.43	2.51.71	2.50.00	#
400 Free				6.57.21	6.37.63	6.22.10	6.07.16	6.03.51	5.59.90	5.56.33	
800 Free				14.09.98	13.30.07	12.58.45	12.28.00	12.20.57	12.13.22	12.05.95	
1500 Free					27.15.66	26.18.77	25.07.65	23.56.54	22.46.68	22.46.68	
50 Back	#	#	#	47.33	45.11	43.35	41.65	41.24	40.83	40.42	#
100 Back		1.49.88	1.45.16	#	#	#	#	#	#	#	#
200 Back				3.37.43	3.27.22	3.19.13	3.11.34	3.09.44	3.07.56	3.05.70	
50 Fly	#	#	#	44.19	42.11	40.47	38.89	38.50	38.12	37.74	#
100 Fly		1.47.11	1.42.51	#	#	#	#	#	#	#	#
200 Fly				3.37.04	3.26.85	3.18.77	3.11.00	3.09.10	3.07.22	3.05.37	
50 Breast	#	#	#	52.76	50.28	48.32	46.43	45.97	45.54	45.06	#
100 Breast		2.03.92	1.58.60	#	#	#	#	#	#	#	#
200 Breast				4.05.95	3.54.40	3.45.25	3.36.44	3.34.29	3.32.17	3.30.06	
200 IM	#	#	#	#	#	#	#	#	#	#	
400 IM				7.49.38	7.27.35	7.09.88	6.53.07	6.48.97	6.44.91	6.40.89	

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