



2026 RILEC ELECTRICAL – ROCKY CITY SPRING SPRINT MEET

Saturday 12 September 2026
2nd World War Memorial (Southside) Pool, 2 Graeme Acton Way, Rockhampton QLD 4700

Nomination Fee: \$6 per event. Nominations Close: Monday 7 September 2026 at 23:59

Meet Levy: \$5 per swimmer. This replaces the spectator gate entry fee, so spectators are not charged separately.

Swimmers, coaches and spectators may enter the venue without queueing to pay.

Enquiries: Michelle Kuss - presidentrockycityswimming@gmail.com

Warm up from 07:30am, First Event at 08:30am

Program of Events

SESSION 1				
Female	Male	Age	Dist.	Stroke
1	2	10&O	200m	Freestyle
3	4	7&U	25m	Backstroke
5	6	8yrs	25m	Backstroke
7	8	12yrs & over	50m	Backstroke
9	10	Multi-Class	50m	Backstroke
11	12	8-11yrs	50m	Backstroke
13	14	7&U	50m	Backstroke
15	16	12yrs & over	100m	Backstroke
17	18	8-11yrs	100m	Backstroke
19	20	7&U	25m	Butterfly
21	22	8yrs	25m	Butterfly
23	24	12yrs & over	50m	Butterfly
25	26	Multi-Class	50m	Butterfly
27	28	8-11yrs	50m	Butterfly
29	30	7&U	50m	Butterfly
31	32	12yrs & over	100m	Butterfly
33	34	8-11yrs	100m	Butterfly
20 MINUTE LUNCH BREAK				

SESSION 2				
Female	Male	Age	Dist.	Stroke
35	36	10&O	400m	Freestyle
37	38	7&U	25m	Breaststroke
39	40	8yrs	25m	Breaststroke
41	42	12yrs & over	50m	Breaststroke
43	44	Multi-Class	50m	Breaststroke
45	46	8-11yrs	50m	Breaststroke
47	48	7&U	50m	Breaststroke
49	50	12yrs & over	100m	Breaststroke
51	52	8-11yrs	100m	Breaststroke
53	54	7&U	25m	Freestyle
55	56	8yrs	25m	Freestyle
57	58	12yrs & over	50m	Freestyle
59	60	Multi-Class	50m	Freestyle
61	62	8-11yrs	50m	Freestyle
63	64	7&U	50m	Freestyle
65	66	12yrs & over	100m	Freestyle
67	68	8-11yrs	100m	Freestyle



General Conditions

- This meet will be conducted under SQ rules and by-laws and is open to swimmers with current SQ registration or meet clearance.
- All entries must be submitted through Swim Central. No pool deck entries will be accepted.
- Rule tolerance applies only to 7 years and under events. These swimmers will not be disqualified or score points. Standard rules apply from 8 years.
- A competitor's age is their age on the day of the meet. Competitors cannot swim up an age group in individual events.
- This is a Long Course competition.
- The 25m events will finish at the halfway point of the pool and will be manually timed.
- Automatic touchpad timing will be used. Each lane requires two timekeepers to operate the backup plungers and a manual stopwatch.
- To comply with the Working with Children (Risk Management and Screening) Act 2000 and Swimming Queensland requirements, all clubs must keep a written record of their nominated timekeepers.
- The program will be emailed to all competitors before the meet. The program and results will be available on Meet Mobile.
- All events will be swum as timed finals. Combined-age events will be seeded by entry time, with the fastest heat swum first. Results, medals and Age Champion points will be determined separately for each applicable age group.
- Heats or events may be adjusted or amalgamated at the discretion of the Meet Director & Chief Referee.
- This is a self-marshalling meet.
- Over-the-top starts will be used.
- All swimmers are responsible for considering the published event order when nominating, as additional recovery time is not possible.
- Backstroke competitors must enter the water feet first.
- Competitors in events of 400m or longer must supply their own lap counter.
- **Only team managers may approach officials or meet organisers about a discrepancy or query.**

Medals and Prize Money

- Medals will be awarded to the fastest three swimmers, boys and girls, in each age group: 8yrs, 9yrs, 10yrs, 11yrs, 12yrs, 13yrs, 14yrs, 15&O and MC.
- Medals are awarded in each 25m and 50m event that age group swims.
- Swimmers aged 7 years and under receive a participation prize instead of medals.
- In the 200m and 400m events, the fastest three swimmers overall for both boys and girls will receive medals.
- The 100m events have special award categories (shaded on program) for each stroke. The fastest swimmer in each age category will be awarded \$15 in place of a medal. The second and third placegetters in each category will receive a medal. The categories are 8-9yrs, 10-11yrs, 12-13yrs and 14&O for both boys and girls. These results do not count towards Age Champion points.

Age Champion Awards

- Age Champion points will be awarded for the following age groups: 8yrs, 9yrs, 10yrs, 11yrs, 12yrs, 13yrs, 14yrs, 15yrs & over and MC, for both boys and girls.
- Competitors in any designated Age Champion event who place 1st score 6 points, 2nd score 3 points and 3rd score 1 point.
- Age Champion points for the 9yrs & over age groups and MC will be awarded in the four 50m individual stroke events: Backstroke, Butterfly, Breaststroke and Freestyle.
- Age Champion points for the 8yrs age group will be awarded in the four 25m individual stroke events: Backstroke, Butterfly, Breaststroke and Freestyle.
- Competitors do not need to compete in all four designated events to be eligible for Age Champion.
- Ties will be decided by the greatest number of first placings, then second placings, then third placings. If a tie remains, joint Age Champions will be declared.

Multi-Class Awards

- MC swimmers may enter MC events as well as any events they are eligible to enter, but may score age champion points in one category only. MC swimmers must advise the meet director if they wish to be considered for the Age Champion instead of MC Champion prior to the meet.
- MC events will be scored using the Swimming Australia MC Points Calculator.